



**Trip Dates:** July 14-18, 2015

**River Stretch:** Gates of Lodore, Green River

**Trip Meeting Location:** Grand Junction, Colorado

### **Gates of Lodore Shared Expedition**

In 1869 this stretch of the Green River was among one of the first canyons that John Wesley Powell explored during his historic journey. Marked by the 800-foot granite buttresses at its entrance, the Gates of Lodore section is a masterpiece of whitewater and scenic beauty. This is a river expedition unlike any other. For four days and three nights you will glide through spectacular canyons with names like Echo Park and Split Mountain and burst through rapids called Hell's Half Mile, Disaster Falls, and Triplet. This whitewater voyage will cut through the High Uinta Range, traversing alpine forest and into high desert slick rock over the course of 44 miles. This is a memorable trip and one not to be missed!

### **Environmental Traveling Companions**

Environmental Traveling Companions (ETC) has been providing outdoor adventure opportunities to people of all abilities and backgrounds since 1972. Beginning on the banks of the Stanislaus River, ETC began using volunteers to take people with disabilities and youth from under-resourced backgrounds on whitewater rafting trips. Decades later the organization has grown to include four main programs: whitewater rafting, sea kayaking, cross country skiing, and youth leadership development courses and is recognized as a pioneer in the industry of accessible outdoor adventure. With this growth, ETC has still maintained a strong community, where most trips are staffed by volunteer guides and participants are fully engaged in all aspect of the adventure. An ETC adventure is a unique opportunity to experience nature, achieve growth through challenge, and develop stronger bonds with fellow adventurers.

For more information, please contact the ETC River Program Manager at 415-474-7662 ext. 15 or [riverprogram@etctrips.org](mailto:riverprogram@etctrips.org)

## Splore

This trip is contracted and run through [Splore](#), a Utah based nonprofit providing outdoor adventure trips for people with disabilities. Splore shares many similarities to ETC, including emphasis on accessibility, safety, and high-quality trips. This trip is staffed with Splore staff and volunteers and will be supported by members of the ETC volunteer community.

### Trip Overview

- **Day 1:** Meet your fellow travelers at the Grand Junction Airport to begin our adventure! We'll board a bus and drive to the Gates of Lodore Campground where we'll meet the guides and get our first look at the Green River. The Guides will provide a thorough orientation and our first delicious river meal before heading to bed for the evening in preparation for our first day of rafting.
- **Day 2:** We'll enjoy a hearty breakfast then pack our belongings. Once the rafts are loaded we'll head downstream through the towering "gates" and into the wilderness of Dinosaur National Park. We'll make camp on a beach and enjoy our first backcountry campsite.
- **Day 3:** After breakfast and packing up our belongings, we'll continue downstream toward a number of exciting rapids. Triplet and Hell's Half Mile are some of the day's whitewater highlights and the scenery is unique and beautiful.
- **Day 4:** After all the excitement from the first two days of rafting, Day 4 we'll descend further into the canyon where we get a break from whitewater and instead focus on the incredible scenery. Entering into Echo Park we'll pass by the confluence with the Yampa River and float by magnificent sandstone formations. Stops during the day will include the opportunity to enjoy one of the memorable side hikes in this area and view ancient Native American pictographs. We'll reach camp and spend our last night on the river, dining on another delicious meal and enjoying the star-filled desert sky.
- **Day 5:** On our last day the river winds into Split Mountain, an area known for abundant, fast paced rapids. We'll end the time on the river with a thrill then reach our take out and board the bus for Grand Junction. We recommend participants stay in a motel this night and schedule flights for the following morning (see "Lodging Information" below).

### Trip Location

The Gates of Lodore stretch is on the Green River located in Northern Utah. The trip will begin and end at the airport in Grand Junction, Colorado. Accessible transportation to the put-in at the beginning of the trip and from the take out back to the airport on the last day of the trip is included in the cost of the trip. If you intend to drive to Grand Junction please contact the ETC River Program Manager to arrange parking for your vehicle while you are on the river.

### Airline Travel

The cost of travel to and from Grand Junction, Colorado is not included in the cost of the trip. When booking flights we ask you arrive by 1PM on the first day of your trip (July 14). Because our arrival time in Grand Junction on the last day of the trip is difficult to predict, we recommend you book a lodging for the night of July 18 (see "Lodging Information" below) and schedule your departing flight on July 19.

### Lodging Information

We recommend participants book rooms at the Quality Inn in Grand Junction, located approximately 2 miles from the airport. The rates are typically affordable and the hotel has a number of accessible rooms.

Quality Inn Grand Junction  
733 Horizon Drive, Grand Junction, Colorado  
(970) 245-7200  
[www.qualityinngrandjunction.com](http://www.qualityinngrandjunction.com)

## **Climate**

This region is considered to be a high desert. During the summer months there is very little cloud cover and humidity is extremely low which results in remarkably cool and comfortable evenings. As a result of that cooling, the morning temperatures are quite comfortable. The warmest part of the day is usually from 1pm-4pm, often getting into the 90's.

## **Food**

Delicious food is included in the cost of the trip, beginning with dinner on Tuesday, July 14 and ending with lunch on Saturday, July 18. Please contact the ETC River Program Manager no less than 7 days prior to the trip with any dietary restrictions or concerns.

- **Sample Breakfasts:**
  - Pancakes w/ fresh strawberries, whipped cream, and chocolate chips. Served with bacon or sausage and cold orange juice.
  - Breakfast Burritos: eggs scrambled with onion, bell peppers, and mushrooms served in a tortilla. Toppings include fresh cut tomatoes, salsa, sour cream, Ortega chilies, cheese, and bacon.
- **Sample Lunches:**
  - Deli Sandwiches: These sandwiches come with all the fixin's! The spread includes ham, turkey, cheddar cheese, lettuce, tomato, pickles, pepperoncinis, cucumber, red onion, yellow mustard, Dijon mustard, Sriracha, and mayonnaise. Served with chips, cookies, orange slices, and cold lemonade.
  - Mediterranean Spread: Pita pockets filled with your choice of couscous, hummus, tomato, cucumber, sprouts, olives and feta. Served with chips, cookies, orange slices, and cold lemonade.
- **Sample Dinners:**
  - Spaghetti with meatballs – Pasta combined with zesty tomato sauce and beautifully handmade meatballs. Served with garlic bread, and a garden salad.
  - Chili con carne – This chili will knock your socks off! It's a bean chili with ground beef, veggies, lots of spices and love. Served with corn bread, and a garden salad.

## **Alcoholic Beverages**

Alcoholic beverages are permitted on this trip. Alcoholic beverages may only be consumed off river at the end of the day and not in excess. Participants acting as caregivers/chaperones are asked to not drink or only drink very moderately. Splore or ETC does not provide alcoholic beverages; you must bring your own. Glass bottles are not permitted on the river; please keep this in mind when purchasing alcoholic beverages.

## **Guides**

Splore uses volunteer and paid Guides who are highly experienced and trained in guiding whitewater rafting, Wilderness First Aid/CPR, and working with people of all abilities and backgrounds. All guides are enthusiastic, caring, and responsible individuals who give generously because they enjoy sharing outdoor adventure and beautiful places with diverse groups.

## **Special Needs Accommodations & Eligibility Criteria**

ETC and Splore are committed to making outdoor adventure accessible to people with special needs and our Guides are experienced in making adaptations for a wide range of physical and cognitive abilities. In order for us to be prepared, we ask each participant discuss any special needs with the ETC River Program Manager when booking your trip. The following are specific eligibility requirements:

- Be 18 years or older, or be accompanied by an adult;
- Be able to manage all personal care and mobility independently or with the assistance of a companion (friend or family member);
- Be able to breathe independently, not require medical devices to sustain breathing;

- Be able to effectively signal or notify guides or other trip participants of personal distress, injury or need for assistance;
- If taking prescription medications, be able to maintain proper dosage by medicating independently or with the assistance of a companion;
- Be able to travel in a physically demanding, remote backcountry environment for the uninterrupted period of the trip length, which can range from one to six days. Trip conditions may vary from cold (below 32 degrees F) to hot (above 90 degrees F) depending on trip location and season and may include, but are not limited to, rain, snow, hail, uninterrupted sun, wind. The remoteness is such that it may require at minimum an hour, but perhaps in excess of 2 days travel, to reach the nearest road and advanced medical care;
- Be able to move about the campsite independently or with the assistance of a companion, on trips that include overnight camping;
- Be able to remain adequately hydrated, fed, and properly dressed so as to remain generally healthy and be able to avoid environmental injuries such as hypothermia, heat-related illness, sunburn and frostbite; and
- Be able to wear all safety equipment correctly such as, but not limited to, helmet, harness, or personal flotation device.
- Get in and out of a boat independently or with the assistance of a companion or guide;
- Independently turn from face down to face up and remain floating face up while wearing a properly fitted personal flotation device (life jacket);
- Perceive, understand and respond to commands given by a guide independently or with the assistance of an interpreter;
- Exit a capsized boat, grab on to another boat or rope for rescue purposes and/or perform self rescue or cooperate with assisted rescue.; and
- Remain seated and balanced in a floating raft or canoe with the use of adaptive equipment, if necessary. Adaptive equipment cannot impede or lessen the effectiveness of the safety procedures or equipment. No one may be strapped or belted into a watercraft.

## **Equipment**

Splore provides all rafting specific equipment and group camping equipment. Splore does not provide personal equipment, and thus, there is an enclosed "Equipment List" outlining what each person should bring with them on the trip. If you would like to borrow a sleeping bag, sleeping pad, tent (4-person), or cot please contact the ETC River Program Manager no less than 7 days prior to the start of the trip.

## **Trip Forms**

Each person participating in the trip is required to complete four forms:

- ETC Health Form (1 page)
- ETC Liability Release (1 page)
- Splore Participant Information Form (2 pages)
- Splore Liability Release (1 page)

Please complete all forms and return them to the ETC River Program Manager no less than 7 days prior to your trip. All forms are enclosed in this packet.

## **Terms and Conditions**

We look forward to sharing an ETC adventure with you. Below is a list of Terms and Conditions for your trip booking:

### **Reservations and Cancellations**

- A deposit of 50% of the total trip cost is required 2 weeks after the booking date to secure the reservation. The trip balance is due no later than 60 days prior to the trip date.
- Cancellations made 90 days or more prior to the trip date will receive a full refund.
- Cancellations made 61-89 days prior to the trip will receive a credit for the deposit amount, which can be applied to any ETC trip within one year of the original trip date.
- Cancellations made 60 days or less prior to the trip date are not refundable unless special accommodations are made in advance with the ETC Office.
- ETC reserves the right to cancel the trip due to weather conditions, tide/current conditions, water level, or for other unforeseen reasons. If ETC cancels the trip, the trip payment will be refunded in full.

### **Medical**

All participants must complete a Health Form, which must be signed by the participant or the participant's parent or guardian if he or she is under the age of 18. ETC works to accommodate people with special needs, though we reserve the right to exclude or remove someone from a trip at any time if doing so is related to the safety of the trip.

### **Emergency Evacuation**

The cost of emergency evacuation or medical treatment is the responsibility of the ill or injured party.

### **Liability**

Due to the nature of the activity, a condition of participation is the completion of a Liability Release acknowledging the inherent risks of the trip activities. This form must be signed by the participant or the participant's parent or guardian if he or she is under the age of 18. Participants who refuse to sign the liability release will not be allowed to participate.

**Payment of your trip deposit indicates that you agree to the above Terms and Conditions.**



## **Gates of Lodore Shared Expedition Equipment List**

### **Rafting Attire:**

- One pair of quick-dry shorts and/or bathing suit
- One T-shirt or long sleeve shirt (synthetic or cotton)
- Sunhat with a brim (hats with a chin strap are best)
- Sunglasses with a retention strap
- Shoes that can get wet and will stay on feet (old tennis shoes, sport sandals, wetsuit booties)

### **On Land Attire:**

- Two pairs of clothing for evenings (including both shorts and pants)
- Dry shoes (good for hiking/walking)
- Warm jacket

### **Other Personal Items:**

- Sunscreen
- Lip balm with sun protection (SPF)
- Water bottle with secure lid
- Flashlight/headlamp
- Toiletry items
- Prescription medications (if you take any)
- Prescription eyeglasses (if you have them)
- Sleeping bag (mummy style is preferable)\*
- Sleeping pad\*
- Tent\*

### **Optional Accessories:**

- Camera
- Binoculars
- Small Games
- Games or cards
- Book

\*These items may be borrowed from Splore. If you would like to borrow an item please contact the ETC River Program Manager no less than 7 days prior to your trip.

**Type of Trip:**       Sea Kayaking       Cross-Country Skiing       Whitewater Rafting

**Environmental Traveling Companions Health Form**

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Phone \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Your Medical Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Relationship \_\_\_\_\_ Day Phone \_\_\_\_\_

Specific Disability (if any) \_\_\_\_\_

Medication:

Name	Dosage	Schedule	Reason for medication

Dietary Restrictions \_\_\_\_\_

**If you have had any of the following conditions, please circle the condition and give details on the right hand side of this section (Be specific):**

1. Any problems with vision or hearing? Do you require glasses, hearing aid?
2. Problems with teeth - use of dentures, bridge or braces?
3. Dizzy spells, fainting, convulsions, persistent headaches?
4. Asthma or respiratory problems?
5. Palpitation of the heart, irregular heartbeat, heart murmurs?
6. Jaundice or hepatitis?
7. Broken bones, joint dislocations, serious sprains?
8. Any severe injury to head, chest, or internal organs?
9. Allergies to any specific drugs, foods, insect bites, bees? List \_\_\_\_\_
10. History of diabetes, thyroid trouble, heart disease?
11. Other significant medical or neurologic disorders?
12. Do you smoke?

I hereby acknowledge ETC to administer First Aid and/or emergency medical treatment and/or secure such medical services that may be necessary for myself or any minor on whose behalf I am signing. I realize that any emergency or medication that may become necessary are the sole responsibility of the participant.

**By signing this release I agree that I have read it carefully, agree with its terms, and I sign it of my own free will.**

Your Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature of participant or parent or guardian if participant is under 18)

Name (please print) \_\_\_\_\_

- Please check here if you do not want to be added to ETC's mailing list.
- Please check here if you do not want your photo used in ETC publications or outreach.

For more information, please contact the ETC River Program Manager at 415-474-7662 ext. 15 or riverprogram@etctrips.org

In consideration of the services of Environmental Traveling Companions, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "ETC"), I hereby agree to release, indemnify, and discharge ETC, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that hiking, camping, backpacking, river rafting, and sea kayaking entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

**The risks include, among other things:** slipping and falling; falling objects; travel in remote areas; water hazards; accidental drowning; exhaustion; exposure to temperature and weather extremes which could cause cold shock, hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; aggressive and/or poisonous marine life; large waves; whitewater rapids will be encountered and I can be jolted, jarred, bounce, and shaken about during rides through some of these rapids; rafts could turn over or I could be "washed" overboard resulting in having to swim rapids risking collision with rocks and entanglement in trees; accidents or illness can occur in remote places without medical facilities and emergency treatment or other services rendered; consumption of food or drink; equipment failure; improper lifting or carrying; my own physical condition, and the physical exertion associated with this activity.

Furthermore, ETC employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather or other environmental conditions. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless ETC from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of ETC's equipment or facilities, **including any such claims which allege negligent acts or omissions of ETC.**
4. Should ETC or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
6. In the event that I file a lawsuit against ETC, I agree to do so solely in the state of California, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

**I hereby release, waive, and relinquish all claims and legal actions for personal injury, wrongful death or property damage against the U.S. Department of the Interior – Bureau of Reclamation ("U.S. Government), State of California, its department of Parks and Recreation ("State") or its permittees arising as a result of my participation in the whitewater river trips and related activities described herein, my use of permittee's equipment, or any activities incidental there to include rescue activities; This release applies even if permittee and/or state and/or U.S. Government are negligent or otherwise at fault. I also agree to protect, hold harmless, defend and indemnify permittee, state and U.S. Government and hold them harmless from all claims and legal actions for personal injury, death, or property damage arising from my conduct; these indemnities apply even if permittee, state and U.S. Government are negligent or otherwise at fault.**

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against ETC on the basis of any claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.**

Print Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

**PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION  
(Must be completed for participants under the age of 18)**

In consideration of \_\_\_\_\_ (print minor's name) ("Minor") being permitted by ETC to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless ETC from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent or Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_





## PARTICIPANT INFORMATION FORM

Name of Participant: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Parent/Guardian (if applicable): \_\_\_\_\_

Agency/School (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone Number: Home \_\_\_\_\_ Work: \_\_\_\_\_

Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

I would like to receive more information about Splore programs and opportunities.

**Please check the ONE box that best describes your primary role on this program:**

- |   |   |
|---|---|
| <input type="checkbox"/> Participant with a disability                              | <input type="checkbox"/> Agency Staff Member            |
| <input type="checkbox"/> Youth in Treatment   | <input type="checkbox"/> Personal Care Provider         |
| <input type="checkbox"/> Public School Student without a disability                 | <input type="checkbox"/> Family Member or Friend        |
| <input type="checkbox"/> Other participant without a disability,<br>describe: _____ | <input type="checkbox"/> Splore Volunteer               |
|   | <input type="checkbox"/> Splore Staff/AmeriCorps/Intern |

Age: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

Approximate Height: \_\_\_\_\_

Approximate Weight: \_\_\_\_\_

Approximate Shoe Size \_\_\_\_\_

**Race / Ethnicity:**

- |   |  |
|---|--|
| <input type="checkbox"/> Caucasian/White        | <input type="checkbox"/> Native American/Alaska Native |
| <input type="checkbox"/> African American/Black | <input type="checkbox"/> Pacific Islander              |
| <input type="checkbox"/> Hispanic               | <input type="checkbox"/> Bi/Multi-racial               |
| <input type="checkbox"/> Asian/Asian American   | <input type="checkbox"/> Other                         |

## EMERGENCY CONTACT INFORMATION

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Day \_\_\_\_\_ Eve \_\_\_\_\_

Health Insurance : \_\_\_\_\_ Policy #: \_\_\_\_\_

Physician: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

## DSPD CLIENTS ONLY

Support Coordinator: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

DSPD ID Number: \_\_\_\_\_

Medicaid Number: \_\_\_\_\_

**HEALTH INFORMATION**  
Attach additional information if necessary

What is your Primary Diagnosis (if applicable) : \_\_\_\_\_

Please include any other information or other diagnoses that would be helpful for us to know:

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**MOBILITY**

- I use a manual w/c       I have difficulty with balance       I have a prosthetic limb  
 I use a power w/c       I cannot sit up without back support       I can walk with assistance

Please include any other information that would be helpful for us to know:

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**MEDICATION**  
Attach additional information if necessary

Name of Medication	Dose / Frequency	Reason for taking it	Side Effects

**DIETARY INFORMATION**  
Attach additional information if necessary

- I have a special diet (please explain): \_\_\_\_\_  
 I have food allergies to the following items: \_\_\_\_\_  
If yes, do you carry an EPI pen? \_\_\_\_\_

**AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT**

Initial Here

I authorize Splore to secure such emergency medical treatment as I might require while participating in a Splore program or activity. I also agree to pay all costs and fees associated with such emergency medical care or treatment. **\*\*Participants under the age of 18 must have parent or legal guardian initial this statement\*\***

**PHOTO / VIDEO RELEASE**

Initial Here

I authorize Splore and other approved parties to use any photographs, video tapes, film, or audio of my participation in Splore programs for marketing/fundraising and business purchases. **\*\*Participants under the age of 18 must have parent or legal guardian initial this statement\*\***

## PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of Splore, their agents, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "Splore"), I hereby agree to release, indemnify, and discharge Splore, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I expressly acknowledge that participation in Splore outdoor activities such as rock climbing, river rafting, canoeing and cross country skiing entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. The risks include, among other things: slipping and falling; falling objects; water hazards; exhaustion; exposure to temperature and weather extremes which could cause hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; exposure to potentially dangerous wild animals, insect bites, hazardous plant life; equipment malfunction or failure; accidental drowning; and improper lifting or carrying.
2. I expressly recognize and acknowledge and accept that Splore staff and volunteers have difficult jobs to perform during outdoor activities; that they seek safety, but they are not infallible; that they might be unaware of or misjudge a participant's fitness, awareness, weight or abilities; that they might misjudge the weather or other environmental conditions; and that they may give incomplete warnings or instructions; and the equipment being used might fail or malfunction.
3. I expressly agree and accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
4. I hereby voluntarily release, forever discharge, and agree to indemnify and hold Splore harmless from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Splore's equipment or facilities, including any such claims which allege negligent acts or omissions of Splore.
5. Should Splore or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
6. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical conditions I may have.
7. In the event that I file a lawsuit against Splore, I agree to do so solely in the state of Utah, and I further agree that the substantive law of Utah shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against Splore on the basis of any claim from which I have released them herein.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant \_\_\_\_\_ Print Name \_\_\_\_\_  
Address \_\_\_\_\_ City State Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Date \_\_\_\_\_

### PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of \_\_\_\_\_ (print minor's name) ("Minor") being permitted by Splore to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold Splore harmless from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor, specifically including but not limited to any claims associated with youth participation in rafting trips. I have been informed of the risks associated with youth participation in Splore activities and recognize them and acknowledge them and hereby knowingly accept them.

Signature of Parent or Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_

Version 04/2013

For more information, please contact the ETC River Program Manager at 415-474-7662 ext. 15 or riverprogram@etctrips.org